

Guidelines for Prayers

- Pray each prayer for each person or group on your list.
- Use the scripture prayers in addition to, not instead of your personal prayers to God.
- Include praise and thanks in all your prayers.
- While praying scriptural prayers mention specific people, events or groups.
- Use your name or see a loved one in these scriptural prayers.
- Pray for your church, prayer group, pastor, study group, family and friends with each of these prayers.
- Find others to pray with you and for you.
- Leave time to listen to what God has to say to you.

For Truth and Blessing

Father, I thank You for *_____’s faith in the Lord Jesus and *his* love for all the saints. I will not stop giving thanks for *him* and praying for *him*. I ask in the name of Jesus, glorious Father, that You give *him* a spirit of wisdom and of revelation and a deep knowledge of You.

I pray that the eyes of *his* understanding be filled with light so *he* will know the hope of *his* calling, the richness of *his* glorious inheritance among the saints. I pray

The LORD will keep you. —Psalm 121:7

that *he* may know just how immeasurably great Your power is for those who have faith. I pray, Father, that *he* will recognize how effectively Your power works, just the way it did when You raised Christ from the dead.

I praise You, Father, that Jesus now sits at Your right hand in heavenly places, Father, above every power and authority and force of power and lordship and everyone’s fame that can be mentioned not only in this world but in the world to come. All things have been subjected under the feet of Jesus, and He has become the head of his body, the church in all matters. He fills the universe everywhere!
— adapted from Ephesians 1:15-23
*fill in a name from your prayer list for each blank line or italicized pronoun.

That Each will Stand Firm

With the powerful grace of God in mind I kneel before You, Father. You are the One from Whom every family in heaven and on the earth gets its name. All fame belongs to You. I ask, Father, that You give _____ the power to reach into the inner man by the Spirit. I ask that Christ will dwell in *his* understanding through faith. I ask that with all the saints *he* be rooted deeply and grounded firmly in love, and be able to grasp just how wide and long and high and deep Your love is. May *he* know it, even though it is too great to really understand, so *he* may be filled with Your fullness.

Father, I give You the glory. May You receive praise from generation to generation forever, because You are the One Who works among us so powerfully that You are able to do more than we can ask or even imagine.

— adapted from Ephesians 3:14-21

For God’s Armor

Father, I ask that _____’s strength come from being in Your mighty grasp. I ask that *he* be equipped with all Your armor, God, so that *he* can stand firm against the devil’s schemes. I know, Lord, that we are not fighting against people, but rather against authorities, rulers in the darkness of this world, and against highly placed evil spiritual forces. So I pray that *he* put on all the armor that You provide. Then *he* will be able to stand firm when that evil day comes. I pray that *he* be able to stand all the way through the battle.

May he Stand ready!

Belt of Truth

- ✓ Wrap truth around *his* waist as a belt

Breastplate of Righteousness

- ✓ Let God’s righteousness fully protect *his* torso as a breastplate

Shoes of Peace

- ✓ May *he* be prepared with God’s good news of peace

Be strong in the Lord. — Ephesians 6:10

Shield of Faith

- ✓ May *he* take up faith as a shield

Helmet of Salvation

- ✓ Wrap God’s salvation around *his* head like a helmet

Sword of the Spirit

- ✓ And let *him* take up God’s word as a sword.

Father, I lift up before You now prayers and petitions continually in the Spirit. [This is a good time to pray in the Spirit.] I intercede for _____ and petition You for *him*. I pray that *he* may have the right message to speak when *he* opens *his* mouth, to make known boldly the mystery of the gospel, even in chains. Let *him* be as bold as *he* ought to.

— adapted from Ephesians 6:10-20

For Protection

Lord, I live in Your hiding place, and I stay under Your shelter. Lord, You are my fortress and my refuge. I place my trust in You.

Lord, I ask that You keep me safe from hidden traps and deadly diseases. Spread Your wings over me so that I can find security. May your truth and faithfulness be my shield and defense.

I praise You Lord, that I don’t need to worry about night